



**Monday, September 7 of 2015**

**DAILY MESSAGE OF MARY, ROSE OF PEACE, TRANSMITTED IN THE IMMACULATE HOUSE OF THE RELIEF OF SUFFERING, SAO CARLOS, SAO PAULO, BRAZIL, TO THE VISIONARY FRIAR ELÍAS DEL SAGRADO CORAZÓN**

Within small sacrifices, you will find the solution for the severe problems of humanity.

Sacrifice is an act of renunciation and, at the same time, of liberation of the forms that oppress the consciousness of humanity. Through sacrifices, the Universal Laws act and what seemed impossible to be reversed changes by the realization of a small sacrifice.

The act of sacrifice must be bathed by the humility of accepting something beyond each being's capacity. Fasting is the path that leads you to find the sacrifice which humanity has forgotten to live so as to be able to repair faults.

Sacrifice is a law of liberation and at the same time it allows us to become aware of gratitude and the good.

Dear children, the maladjustment of humanity in these times is due to the lack of sacrifice, which does not mean omission, severity or punishment. A great sacrifice that the world could make is to remain in silence so that everyone would understand how much human life is out of control, violent and perverted.

If silence were made, much would be solved, everything would be healed, the world would be able to dispel the constant noise that dwells in the consciousness of My children and everything would be rebuilt as it was in the beginning.

One of the causes of My cry is the lack of silence within beings; this separates you from the internal strength, strength which permits you to truly pray, since the absence of silence leads to a lack of peace.

Dear children, My Heart continues to be hurt. The cup is now not only filled to the brim, but now it is overflowing. From everything that happens in the world today, something must be learned internally.

Dear children, I open for you the doors to the Heart of God so that you may enter.

I thank you for responding to My call!

Who elevates you to the Consciousness of God,

Your Mother Mary, Rose of Peace