



**Saturday, May 30 of 2020**

**DAILY MESSAGE OF SAINT JOSEPH, TRANSMITTED IN THE MARIAN CENTER OF FIGUEIRA, MINAS GERAIS, BRAZIL, TO THE VISIONARY SISTER LUCÍA DE JESÚS**

### **XXI - The Simple Presence of God**

Feeling a profound anguish in their chest that was unexplainable, a soul questioned the Lord saying: "Lord, within my heart there is a feeling that I cannot explain. I do not know if it is sadness or confusion. I do not know if it is anguish or grief. I do not know if I lack a meaning for living or if I am feeling Your sorrow, the sorrow of the world. Could you explain what I feel?"

And the Lord responded, saying: "Little soul, contemplate the infinite and the vastness of the universe. Contemplate the greatness and the complexity of life. Contemplate the mysteries hidden in the stars. Your own being is as infinite life and many times that you feel and experience does not come from this Earth nor this time, but rather from a space and time distant from that you experience today. Many times, the anguish of your heart comes from the infinite, from parts of your consciousness that dwell in the universe, where life continues its evolution, constantly creating and re-creating itself.

But it does not matter what you feel or where it comes from. If you want to relieve your little heart, simply come to Me, I Who is your God and knows the deepest roots of your being, of your thoughts, feelings; and ultimately, of your life.

Come toward Me, little soul, surrendered and sincere, transparent and fragile. You will not have an explanation for everything, because sometimes it is not the time for you to know certain things about yourself but rather for you to have relief for everything, and this is to be found within Me.

Therefore, humbly come to Me, knowing you are small. Come to Me as a child who finds refuge in their father, I will explain to you what I can. And when it is not the time for this, I will simply relieve you, and whatever My response may be, it will cause you to grow, because sometimes you grow through knowledge and, other times, you grow through knowing that you do not know anything."

May this dialogue, children, teach you to always seek relief in God; not always to find responses, but to give thanks for His Silence as well as for His Voice and, above all, to welcome the Love of His simple Presence.

You have My blessing for this.

The Most Chaste Saint Joseph