



**Wednesday, May 15 of 2019**

**DAILY MESSAGE RECEIVED IN THE CITY OF PALERMO, SICILY, ITALY, TRANSMITTED BY SAINT JOSEPH TO THE VISIONARY SISTER LUCÍA DE JESÚS**

Your first connection with the Universe must be prayer because prayer is what will prepare your consciousness to cross dimensions and to be worthy of finding God and His Universal and Divine Truth.

In order to enter the gates and reveal the most sublime mysteries of the infinite Cosmos, you must first enter the gates of your own consciousness, revealing the muck and mud that you have to transform before reaching God.

To cross both the gates of the Cosmos and the gates of your own inner self, there is something that your consciousness must know; without love, nothing will be revealed to you. Love is what makes you worthy of being with God, and the same love is what allows you to deal with the miseries of your consciousness, transforming them in the correct way.

In prayer, you will learn how to love. Therefore, pray and let God Himself be the one who leads your consciousness to the gates that you are ready to cross.

Do not fear, child, because both self-knowledge and the knowledge of the Cosmos are sources of wisdom and evolution, they are revelations which complement each other and are necessary for you to fully return to the Heart of the Father, even though you are alive.

Just as when we say that there are living dead people, it is also possible to return to God in consciousness, and continue within this world thus, beings will be in God, in His Thoughts, in His Feeling, in His Mind, in His Heart and, like a pencil in His Hands, they will draw the manifestation of His Plan on Earth.

Everything starts with prayer, but not empty prayer with distractions or by obligation. It all begins when beings learn the true value of praying and they pray with their hearts.

Your Father and Friend

The Most Chaste Saint Joseph