



Thursday, June 20 of 2019

**DAILY MESSAGE OF SAINT JOSEPH, TRANSMITTED IN THE CITY OF DUSSELDORF, GERMANY,
TO THE VISIONARY SISTER LUCÍA DE JESÚS**

Contemplate the Eucharistic Heart of your Lord and within it find relief for your heart and for your consciousness.

In the Eucharist, contemplate the constant surrender of the Son of God for you. Know that you are not simply looking at a piece of bread but rather, child, at an eternal sacrifice, which lasted beyond the Cross and which is renewed every day so that your spirit always has a new opportunity for redemption and forgiveness.

The Eucharist is the fruit of the Mercy of God. In it is to be found His universal Mystery, the key for the renewal of His Divine Love, the key to constantly overcoming, to the emptiness of self and to a wholeness in God so that, in spite of the solitude, the discouragement and the agony experienced by the one who carries the cross of these times, Love may always speak louder, forgiveness may always be alive and Mercy may renew itself constantly, beyond human errors and outrages.

Today, child, contemplate before you the Eucharistic Heart of your Lord and renew your heart, recognizing the Love of God in the Eucharist.

Your Creator calls on you to sacrifice and surrender, to renunciation, to the void and many times, to solitude; but He also lives this for you, every day, in each instant of your existence. That surrender is consummated in all the altars consecrated to God, in all the Shrines of the world.

So, when you feel the weight of the cross of these times upon your heart and your consciousness, come before the Eucharist and be thankful to your Lord for the Grace that He grants you in sharing with Him, not only His Cross but, above all, the revelation of His Love.

The Love of God is revealing itself in the hidden part of your heart and, as much as you sometimes only feel sorrow and emptiness, the time will come in which the tree of sacrifice will yield its fruits, and that will be the Love of God within you. Then you will no longer contemplate the Eucharist with your eyes, but instead you will find it alive in your heart.

You have My blessing for this.

Your Father and Friend,

The Most Chaste Saint Joseph